

## TGF $\beta$ Release Co-culture Assay

Emanuel Rognoni\*

Department of Molecular Medicine, Max Planck Institute of Biochemistry, Martinsried, Germany

\*For correspondence: [rognoni@biochem.mpg.de](mailto:rognoni@biochem.mpg.de)

**[Abstract]** TGF $\beta$  is a potent cytokine modulating various processes including proliferation, differentiation, ECM synthesis and apoptosis (Siegel and Massague, 2003). Thus in many tissues availability of TGF $\beta$  is tightly regulated. TGF $\beta$  is secreted as an inactive complex where it is encapsulated by the latency associated protein (LAP), a ligand trap protein, which inhibits TGF $\beta$  binding to its receptor and retains TGF $\beta$  in the extracellular matrix (ten Dijke and Arthur, 2007). TGF $\beta$  can be released from the matrix and converted into its biological active form by huge number of processes including heat, high and low pH, release of reactive oxygen species (ROS) or various proteases (e.g. plasmin, elastase, matrix metalloproteinase-2 and -9) (Barcellos-Hoff and Dix, 1996; Lyons *et al.*, 1988; Taipale *et al.*, 1994; Yu and Stamenkovic, 2000). However, under physiological conditions the interaction of  $\alpha$ v-class integrins with the RGD tripeptide motif in the LAP protein represents the key factor for TGF $\beta$  release *in vivo*. The relevance of integrin mediated TGF $\beta$  release for *in vivo* development and homeostasis is further underlined by the observation that mice with the integrin-binding deficient LAP proteins (RGD motif mutated to RGE) recapitulate all major phenotypes of TGF $\beta$ 1 null mice, including multi-organ inflammation and defects in vasculogenesis (Shull *et al.*, 1992; Yang *et al.*, 2007). This striking phenotype overlap with TGF $\beta$  deficient mice and phenotypes of mice lacking  $\alpha$ v-class integrins (Aluwihare *et al.*, 2009; Bader *et al.*, 1998) demonstrates an essential interconnection of integrins with TGF $\beta$  signaling *in vivo*, while the role of non-integrin mediated release mechanisms (ROS, pH, proteolytic cleavage *etc.*) during development remains less clear.

The TGF $\beta$  release assay measures the ability of cells to release TGF $\beta$  from a matrix. The assay was developed by (Annes *et al.*, 2004) and we further optimized the protocol for keratinocytes. For other cell types the cell culture medium and culturing conditions would need to be adapted accordingly.

In keratinocytes TGF $\beta$  release is mainly mediated by  $\alpha$ v $\beta$ 6 integrin but also integrin  $\alpha$ v $\beta$ 3,  $\alpha$ v $\beta$ 5 and  $\alpha$ v $\beta$ 8 have been shown to liberate TGF $\beta$ , while other RGD binding integrins, such as  $\alpha$ 5 $\beta$ 1 or  $\alpha$ 8 $\beta$ 1 cannot release TGF $\beta$  (Asano *et al.*, 2005a, 2005b; Mu *et al.*, 2002; Munger *et al.*, 1999). Mechanistically, the interaction with  $\alpha$ v $\beta$ 3,  $\alpha$ v $\beta$ 5 or  $\alpha$ v $\beta$ 6 integrin induces a conformational change in the LAP-TGF $\beta$  by generating an actin cytoskeleton dependent pulling force, allowing TGF $\beta$  to access its receptors. For  $\alpha$ v $\beta$ 8 integrin mediated TGF $\beta$  release it was shown that proteolytic

cleavage is involved [see (Mu *et al.*, 2002) for blocking conditions of TGF $\beta$  release by proteolytic cleavage and  $\alpha$ v $\beta$ 8 integrin].

The following protocol is optimized for the study of  $\alpha$ v $\beta$ 6-integrin mediated TGF $\beta$  release in keratinocytes.

## **Materials and Reagents**

1. Cell lines
  - a. CHO-LTBP1 TGF $\beta$  rich matrix producing cell line, generated by the Daniel Rifkin lab expresses high levels of LTBP1-TGF $\beta$  (Annes *et al.*, 2004).
  - b. Transformed mink lung epithelial cells (tMLEC) TGF $\beta$  reporter cell line, stably expresses a luciferase reporter plasmid under control of a truncated plasminogen activator inhibitor type 1 promoter (PAI-1) (Abe *et al.*, 1998).  
*Note: CHO-LTBP1 and tMLEC are cultured in DMEM growth medium. tMLEC DMEM growth medium is supplemented with 250 mg/ml Geneticin (Life Technologies, Invitrogen™, catalog number: 10131035).*
2. Antibodies
  - a.  $\alpha$ v $\beta$ 6 integrin blocking antibody (Millipore, clone 10D5, catalog number: MAB2077Z)
  - b. TGF $\beta$  neutralizing antibody (R&D Systems, clone 1D11, catalog number: MAB1835)
3. Ethylenediaminetetraacetic acid (EDTA) (Sigma-Aldrich, catalog number: E6758)
4. BrightGlo luciferase assay kit (Promega Corporation, catalog number: E2610)
5. Dulbecco's minimum essential medium (DMEM) (Life Technologies, Gibco®, catalog number: 11966-025)
6. Fetal bovine serum (FBS) (Life Technologies, Gibco®, catalog number: 10270-106)
7. Calcium chloride (CaCl<sub>2</sub>) (Carl Roth, catalog number: A119.1)
8. Chelex 100 resin (Bio-Rad Laboratories, catalog number: 143-2832)
9. Penicillin-streptomycin (pen-strep) (Life Technologies, Gibco®, catalog number: 15070-063)
10. Minimum essential medium (MEM) (Sigma-Aldrich, catalog number: M8167)
11. Insulin (Sigma-Aldrich, catalog number: I5500)
12. Epidermal Growth Factor (EGF) (Sigma-Aldrich, catalog number: E9644)
13. Transferin (Sigma-Aldrich, catalog number: T8158)
14. Phosphoethanolamine (Sigma-Aldrich, catalog number: P0503)
15. Ethanolamine (Sigma-Aldrich, catalog number: E0135)
16. Hydrocortisone (Calbiochem®, catalog number: 386698)
17. L-Glutamine (Life Technologies, Invitrogen™, catalog number: 25030-081)
18. Trypsin powder (Life Technologies, Gibco®, catalog number: 27250-018)

19. 0.5% Trypsin/EDTA (Life Technologies, Gibco<sup>®</sup>, catalog number: 15400-054)
20. Sodium chloride (NaCl) (Carl Roth, catalog number: P029)
21. di-Sodium hydrogen phosphate (Na<sub>2</sub>HPO<sub>4</sub>) (Carl Roth, catalog number: T876)
22. Hydrochloric acid (HCl) (Sigma-Aldrich, catalog number: 258148)
23. Potassium chloride (KCl) (Carl Roth, catalog number: HN02.3)
24. Potassium dihydrogen phosphate (KH<sub>2</sub>PO<sub>4</sub>) (Carl Roth, catalog number: 3904)
25. DMEM growth medium (see Recipes)
26. Keratinocyte growth medium for murine keratinocyte culture (KGM) (see Recipes)
27. Starving KGM (see Recipes)
28. 0.4% keratinocyte trypsin (see Recipes)
29. Phosphate-buffered saline (PBS) (see Recipes)
30. PBS/EDTA (see Recipes)
31. 0.1% trypsin/EDTA (see Recipes)
32. Chelated FBS (see Recipes)

### **Equipment**

1. Flat bottom 96-well plates for cell culture (Corning, Costar<sup>®</sup>, catalog number: 3595)
2. Round bottom white 96-well plates (Corning, Costar<sup>®</sup>, catalog number: 3789)
3. 1.5 ml Eppendorf tubes (Sigma-Aldrich, catalog number: T9661-1000EA)
4. Cell culture incubator (37 °C, 5% CO<sub>2</sub>)
5. Standard centrifuge to spin down the cells
6. Luminometer, *e.g.* GloMax (Promega corporation)
7. Standard bright field microscope
8. Multichannel pipette (recommended)

### **Procedure**

#### A. Considerations before you get started

1. Consider carefully how many wells you need to coat with a TGFβ rich-matrix in order to perform all necessary control conditions, since matrix generation is the most time consuming step in this protocol. It is further recommended to prepare more wells, because it can happen at later steps that the matrix gets lost or CHO-LTBP1 cells cannot be removed properly in single wells.
2. Cells which have been thawed should be passaged twice prior to the experiment.
3. Each condition should be analyzed in triplicates.
4. Conditions to include

- a. Only tMLEC → reporter cell back ground signal
  - b. Cell of interest + tMLEC → untreated sample
  - c. Cell of interest + tMLEC +  $\alpha\beta6$  blocking antibody →  $\alpha\beta6$  dependent TGF $\beta$  release control
  - d. Cell of interest + tMLEC + TGF $\beta$  neutralizing antibody → TGF $\beta$  dependent luciferase reporter control. (This antibody blocks TGF $\beta$  binding to its high affinity TGF $\beta$  receptor.)
    - ➔ Condition c can be extended or modified according to the TGF $\beta$  release mechanism which will be analyzed; e.g. for proteolytic and  $\alpha\beta8$  integrin-mediated release, see (Mu *et al.*, 2002).
5. During the assay there is no way to check for matrix loss as the matrix is difficult to see with bright field microscope. In parallel wells could be prepared where after cell removal the matrix is stained with antibodies against matrix components such as fibronectin and LTBP proteins.
- B. Preparation of a cell-free, TGF $\beta$ -rich matrix
1. Plate  $5.0 \times 10^4$  CHO-LTBP1 cells per well of a flat bottom 96-well plate in 100  $\mu$ l DMEM growth medium and incubate in a cell culture incubator (37 °C, 5% CO<sub>2</sub>) for 48 h.
 

*Note: After 48 h the plated 96-well should be completely confluent, which can be checked under a standard bright field microscope. In the next steps, it is critical to remove the CHO-LTBP1 cells without destroying the TGF $\beta$  rich matrix and keeping the plate sterile. Thus each pipetting step should be performed very carefully without scratching the bottom of the wells. To avoid drying out of the wells the use of a multichannel pipette is recommended).*
  2. Remove medium and add 100  $\mu$ l PBS/EDTA solution on top of CHO-LTBP1 cells to wash off residual medium.
  3. Following the washing step add 100  $\mu$ l PBS/EDTA and incubate for at least 30 min at 37 °C, 5% CO<sub>2</sub>.
 

*Note: Check with the microscope that cells round up and detach. If this is not the case prolong incubation for another 30 min.*
  4. Remove the supernatant carefully with the multichannel pipette and add 100  $\mu$ l PBS/EDTA. Gently pipette up and down 3-4 times and remove the supernatant. Repeat this step if necessary with 100  $\mu$ l PBS/EDTA solution.
 

*Note: Check each well with the microscope in between washes to ensure complete removal of cells in all wells while avoiding too vigorous washing. If not all the cells are removed, remaining CHO-LTBP1 cells will re-adhere and generate/release TGF $\beta$ , contributing to the final result and thus generating false positive signals. On the other*

*hand too harsh washing leads to a loss of the matrix. Further do not directly pipette on top of the matrix to avoid matrix damages. Thus it is recommended to tilt the plate by 45 °C during rinsing, so that the PBS/EDTA solution gently flows over the well bottom. Nevertheless, too many repeats of this gentle rinsing process can also cause matrix detachment.*

5. Then wash the matrix two times with PBS only at room temperature to remove all traces of EDTA.

*Note: Minimal traces of EDTA will impair keratinocyte adhesion and function! Thus this washing step is very important if you work with keratinocytes!*

6. Overlay the matrix coated wells with 50 µl starving KGM and keep at room temperature, while you prepare the cells, to avoid the drying of the matrix.

#### C. Co-culture of the reporter cell line and cells of interest

1. Detach cells of interest and TGFβ reporter cell line (tMLEC) from cell culture dishes. (For keratinocytes use keratinocyte trypsin, otherwise Trypsin/EDTA can be used). For trypsin digestion incubate cells with trypsin solution (37 °C, 5% CO<sub>2</sub>) and as soon as cells detach and rounded up stop the digestion and collect cells by adding complete medium. Then spin down single cell suspension (5 min, 900 rpm, 78 x g). It is important to wash suspended tMLEC cells once with starving KGM, to remove Ca<sup>2+</sup> from the original DMEM medium.
2. Per well mix 2.0 x 10<sup>4</sup> cells of interest (keratinocytes) and 1.5 x 10<sup>4</sup> tMLEC in 100 µl Starving KGM (total volume) in a 1.5 ml Eppendorf tube.
3. For the antibody blocking controls (condition c and d) incubate mixed cells with αvβ6 integrin–blocking antibody (20 µg/ml) or TGFβ neutralizing antibody (15 µg/ml) in the 1.5 ml Eppendorf tube for 15 min at room temperature before plating.
4. Remove starving KGM from matrix coated wells and quickly plate all conditions (100 µl total volume).
5. Incubate 96-well plate for 16-24 h in a cell culture incubator (37 °C, 5% CO<sub>2</sub>).

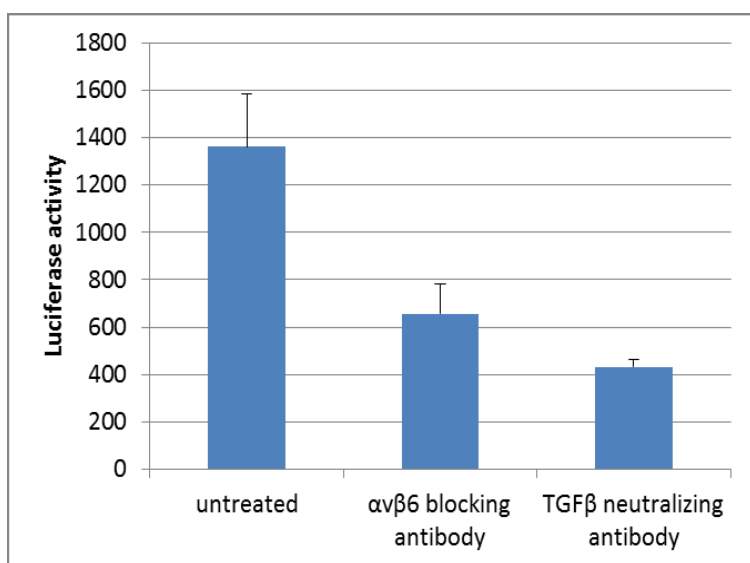
#### D. Detection of luciferase activity and data analysis

*Note: Procedure mainly follows the manufacturers' protocol which can be downloaded on the Promega web site.*

1. Equilibrate BrightGlo reagent to room temperature and add 100 µl to each well after equilibrating the cell containing 96-well plate to room temperature for 5 min.
2. Then pipet up and down 2-3 times to ensure efficient cell lysis, while avoiding air bubbles and transfer the complete content of each well (200 µl) to the white round bottom 96-well

- plate. (Before transfer efficient cell lysis can be quickly control under a bright field microscope.)
- Incubate for 5 min at room temperature before measuring luciferase activity with a luminometer, e.g. GloMax.
- Note: Before measuring the luciferase activity, make sure that all air bubbles have been removed, as they obscure signal detection.*
- For data analysis average the triplicate measurements for each well and subtract the back ground signal (tMLEC only control).

**Representative data**



**Figure 1. Luciferase activity of TGF $\beta$  reporter cell line (tMLEC) in TGF $\beta$  release co-culture assay with murine keratinocytes.** Note the decrease in luciferase activity when cells are incubated with  $\alpha$ v $\beta$ 6 blocking antibody or TGF $\beta$  neutralizing antibody.

**Recipes**

- DMEM growth medium  
Dulbecco's minimum essential medium (DMEM) containing 10% heat-inactivated FBS and 1x pen-strep
- Keratinocyte growth medium for murine keratinocyte culture (KGM)

Final working concentration	Initial stock concentration	Vol.
MEM		500 ml
5 $\mu$ g/ml insulin	5 mg/ml in 4 mM HCl	0.5 ml
10 ng/ml EGF	200 $\mu$ g/ml in PBS	25 $\mu$ l

10 µg/ml transferrin	5 mg/ml in PBS	1 ml
10 µM phosphoethanolamine	10 mM in PBS	0.5 ml
10 µM ethanolamine	10 mM in PBS	0.5 ml
0.36 µg/ml hydrocortisone	5 mg/ml in ethanol	36 µl
1x glutamine	100x	5 ml
1x pen-strep	100x	5 ml
8% chelated FBS (Ca <sup>2+</sup> free)	(see Recipes)	40 ml
45 µM CaCl <sub>2</sub> (sterile filtrated)	100 mM	225 µl

Filter the mixture through 0.2 µm and stored at 4 °C for up to 1 month

### 3. Starving KGM

Final working concentration	Initial stock concentration	Vol.
MEM		500 ml
1x pen-strep	100x	5 ml
45 µM CaCl <sub>2</sub> (sterile filtrated)	100 mM	225 µl

Filter the mixture through 0.2 µm and stored at 4 °C for up to 1 month

### 4. 0.4% keratinocyte trypsin

Dissolve 0.4 g trypsin powder in 100 ml PBS and pass through a 0.2 µm filter for sterilization

It can be stored either at -20 °C for 1 year or at +4 °C for 1 month

Avoid repeated freeze thaw cycles

### 5. Phosphate-buffered saline (PBS)

Dissolve NaCl (137 mM) 8 g/L, KCl (2.7 mM) 0.2 g/L, Na<sub>2</sub>HPO<sub>4</sub> (10 mM) 1.44 g/L, KH<sub>2</sub>PO<sub>4</sub> (1.8 mM) 0.24 g/L in ddH<sub>2</sub>O and adjust pH to 7.4 with HCl

### 6. PBS/EDTA

PBS supplemented with 15 mM EDTA (should be sterile)

### 7. Trypsin/EDTA

Diluted 0.5% trypsin/EDTA with PBS to 0.1%

### 8. Chelated FBS

Add hydrated Chelex 100 resin to FBS (20 g of resin for 40 ml of FBS) and stir for 1 h at 4 °C Further remove the resin by filtration and stored chelated FBS at -20 °C

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