In situ Chemotaxis Assay in C. elegans (for the Study of Circadian Rhythms)

Martha Merrow¹ and Maria Olmedo²

¹Institute of Medical Psychology, Ludwig-Maximilians-University, Munich, Germany;
²Molecular Chronobiology Department, University of Groningen, Groningen, The Netherlands

*For correspondence: maria.olmedo@med.uni-muenchen.de

[Abstract] Olfaction is a well-studied sensory mechanism in Caenorhabditis elegans (C. elegans). The nematodes respond to a wide range of chemicals by either attraction, repulsion or a mixture thereof (Bargmann et al., 1993). We have used olfaction to characterize behavioural and molecular circadian rhythms in C. elegans. The circadian clock is a biological oscillator that provides an endogenous temporal structure that approximately matches the 24-hour periodicity in the environment (due to the rotational movement of the Earth). Circadian rhythms are present in most organisms from cyanobacteria to humans and they typically regulate sensory functions among many other processes. Olfaction is under circadian control in many animals (Granados-Fuentes et al., 2006; Granados-Fuentes et al., 2011; Tanoue et al., 2008; Krishnan et al., 1999). This protocol was designed to allow the assessment of olfaction for a population of worms within a short time interval, in the same plate where the worms grew (to avoid washing steps that may disturb the rhythms), and in the presence of food.

Materials and Reagents

1. Egg preparation
   100 eggs are used for each petri dish. Assays are performed in triplicate.
2. LB broth
3. Cholesterol
4. Ethanol
5. CaCl₂
6. MgSO₄
7. KPO₄
8. 3.7% (v/v) 1-Octanol (Merck KGaA, catalog number: 820931) in ethanol
   This concentration was established after a titration assay to find the lowest concentration needed for a fast response (within the minutes range) (Olmedo et al., 2012)
9. NGM plates (see Recipes)
   Note: For one experiment, always use plates that were poured from the same batch and were allowed to dry for the same amount of time.
10. Escherichia coli (E. coli) OP50 culture at 100 g wet bacterial weight/liter (see Recipes)
Equipment

1. Template for labeling plate (Figure 1)

![Figure 1. Template for plate labeling.](image)

Figure 1. Template for plate labeling. On a piece of paper or plastic, draw a 5 cm-diameter circle in which to place the petri dish and a concentric 1 cm-diameter circle to mark the spot for the *E. coli* drop. Mark the center of this circle (A) with a dot. Draw another dot (B) at 0.8 cm from the center of the circle.

2. 5 cm Petri plates
3. Stereomicroscope equipped for picture acquisition (we use a Stereo Discovery V8 from Zeiss at a 10x magnification)
4. Centrifuge

Procedure

1. Add 15 µl of the 100 g wet weight/L *E. coli* OP50 culture to the center of the NGM plate (inside A).
   
   *Note:* You may need to optimize the size of the drop for your stereomicroscope so that the pictures taken show the entire drop. A 15 µl drop of *E.coli* will form a circle of approximately 1 cm in diameter.

2. Let the drop dry and allow the bacteria to grow O/N at room temperature.

3. Add about 100 eggs on the *E. coli* drop. Grow the worms under the desired conditions until the developmental stage for which you want to score olfaction.
   
   *Note:* For circadian experiments, we grow the worms under temperature cycles of 16 h at 13 °C and 8 h at 16 °C. This 24-hour cycle is repeated 5 times until the worms become young adults. Then, the chemotaxis assay is performed every hour for 24 h to look for circadian rhythms in the response to 1-octanol.

4. Chemotaxis assay: Place the NGM plate over the template, and center the *E. coli* drop with the circle of the template.

5. Open the lid and add 1 µl of 1-octanol at dot B. Take care that the 1-octanol does not touch with the *E. coli* drop. If it does, discard the plate (since the worms that are in direct contact with the 1-octanol/ethanol solution will die).
6. Close the lid of the plate and incubate for 15 min at the desired temperature. 
   *Note:* For circadian experiments the assay can be performed over 24 h in constant conditions or under the same cycle used to entrain the worms. In both cases, the plates are incubated for 15 min at the same temperature at which they were before adding the 1-octanol.

7. Take a picture of the final position of the worms. Always keep the dot of 1-octanol at the same position of the picture (Figure 2).

![Figure 2. Final picture of the E. coli drop of a plate showing high response to 1-octanol](image)

8. On the picture, draw a vertical line dividing the 1 cm circle in two equal parts (Figure 3). Count the number of worms in the proximal (p) and distal (d) sides of the circle. Worms that intersect the middle line are not counted.

9. Calculate the chemotaxis index (CI = d - p/p + d).

![Figure 3. Calculation of chemotaxis index.](image)

**Recipes**

1. NGM plates
Prepare NGM media:

**Note:** It is very important to prepare all the plates for the experiment in the same batch and allow them to dry for the same time. Variability in the level of humidity of the plates will introduce variability in the assay.

a. NGM media: Mix 3 g NaCl, 17 g agar, and 2.5 g peptone. Add 975 ml dH2O and stir to mix. Pour half content into a second flask and autoclave. Cool media in a 55 °C water bath or incubator for at least 30 min.

b. Using sterile conditions, add 1 ml 1 M CaCl2, 1 ml 5 mg/ml cholesterol in ethanol, 1 ml 1 M MgSO4 and 25 ml 1 M KPO4 buffer and mix well. Dispense 10 ml of NGM solution into 5 cm Petri plates using a pump. Leave plates at room temperature for 2 days before use to allow excess moisture to evaporate.

2. 100 g wet weight/L E. coli OP50 culture

Pick one single colony of OP50 bacteria and inoculate in 200 ml of LB broth. Grow O/N at 37 °C. Centrifuge the culture 10 min at 5,000 x g. Remove the supernatant, calculate the wet weight of bacteria and adjust concentration using LB broth.

**Acknowledgments**

This method is based on work that was originally published in Olmedo *et al.* (2013). This work was supported by the Dutch Science Foundation (NWO; VICI Program).

**References**